

### **Christmas Break (Posted November 30, 2005)**

The last practice of 2005 is on Friday, December 9, 2005. University exams begin the following week and our practice space will be unavailable. Practices resume the first week of January.

### **Ontario Senior Tournament (By David Hayashida, Posted November 20, 2005)**

Saturday November 12, was the Ontario Senior Kendo Championships and once again our club had a very strong showing. We had 12 members enter into the competition, enough for 2 team and 2 extra people, which was fantastic. Many times we are hunting around for extra people to fill in the second team, but this time it was all us. Not only were we stronger in numbers, but we the performance of our members was also excellent.

In the Mudansha category (where most of us are presently), once again Mi Ryang Moon was our shining star. She took 3rd place in a very large Mudansha category of about 120 competitors, showing she may be small in stature but is a mountain of spirit and skill.

Frederico Cigliutti was also on fire that day, winning half of the court and just being short one match to win the court and a tie for third with Mi Ryang. He also won one or two of his team matches. A fabulous day. Also Norman Cabrera was just a few wins from taking his court as well.

A special mention should be made for Dale Cheong, Theresa Naluz and Vanina Cigliutti who were at their first tournament. They handled themselves extremely well and did the club proud by performing well.

The Mississauga B team consisting of Paul Kim, Vanina Cigliutti, Tim Samios, Frederico Cigliutti and Eduardo Cigliutti won their first match against the University of Western's B team but unfortunately lost to University of Waterloo, who are always tough. Our Mississauga A team of Norman Cabrera, David Hayashida, Faisal Haq Shaheen, Mi Ryang Moon and Tom Kim was unfortunately defeated in the first round by the University of Western's A team. We'll get them next time.

We should all be proud of how we did at the tournament. As long as we can say we gave it everything we had, all our spirit and effort, heart and soul then even in defeat there are no losers. Because in the end the only one we are really trying to beat is ourselves. And if we gave it everything we had, then we all win!

### **Canadian Kendo Federation 2005 Grading (Posted October 20, 2005)**

This year's grading for Kendo will take place on Sunday, December 4, 2005 at the Japanese Canadian Cultural Centre in Don Mills, ON.